

**UNLEASH
YOUR INNER**

**AVON
FITNESS**

**BEAST
BUILD**

**LIKE NEVER
BEFORE**

www.avonfitnessmachines.com

#RedefiningFitness

Power Up
Your *Workout*
Game



AVON
FITNESS

Avon Group Corporate Office





About us

Welcome to Avon Fitness where your journey to a healthier, stronger, and more vibrant life begins. Founded on the principles of dedication, innovation, and community, we strive to inspire and empower individuals to achieve their fitness goals and embrace a lifestyle of wellness.

At Avon we believe that fitness is not just about physical strength, but also about mental resilience and overall well-being. Our mission is to provide top-quality fitness products and services that cater to all levels of fitness enthusiasts, from beginners to seasoned athletes.

Raised and nurtured by the flagship Avon Cycles Limited of the AVON Group of Ludhiana, we are proud inheritors of its more than six decades old and meticulously built trust of the consumer. Our journey began with a simple vision: to create a fitness brand that combines cutting-edge technology with a deep understanding of our customers' needs.

QUALITY

We are committed to providing products and services of the highest quality, ensuring that our customers receive the best tools to achieve their fitness goals.

INNOVATION

We continuously seek out the latest advancements in fitness technology and methodology to bring you cutting-edge solutions that enhance your performance and well-being.

PASSION

Our passion for fitness drives everything we do. We are dedicated to inspiring and motivating others to embrace a healthier lifestyle and realize their full potential.

Our Fitness Partners



FIT FIGHTER

— PRO SERIES —

AVON
FITNESS



FIT FIGHTER PRO SERIES

FIT FIGHTER PRO Series, as a best-selling fitness equipments by AVON FITNESS, which offers a complete functional package and is easy to maintain. For exercisers, the scientific trajectory and stable architecture of the FIT FIGHTER PRO Series ensure a complete training experience and performance.

HIGH TENSILE TUBES

Flat Rectangular Tube 50x100 mm of main frame gracefully combine elegance and High Tensile strength.

STURDY STEEL COVER

Engineered with a robust steel shield for enhanced stability and reliability. Strong steel housing provides both safety and a premium finish.

PU LEATHERIZED SEATS

Exquisite Leather Texture - Combining Elegance, Luxury, Support & Durability.

PD COATING PAINT

Offers Excellent, Abrasion resistance and Bonderized for long-lasting protection to rust.



70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF 106 PRO

SHOULDER PRESS

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1850x1350x1500 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 248 Kg. / 285 Kg.



FF 107 PRO

PEARL DELT / PEC FLY

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1870x1310x2020 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 245 Kg. / 287 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF108 PRO CHEST PRESS

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1085x1400x1350 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 237 Kg. / 272 Kg.



FF109 PRO DIP / CHIN ASSIST

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : No Cover
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1635x1070x2240 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 262 Kg. / 299 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF 110 PRO INCLINE CHEST PRESS

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 2180x1455x1500 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 282 Kg. / 322 Kg.



FF 112 PRO BICEPS CURL

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1200x930x1500 mm
- Weight Stack : 65 Kg. (Steel)
- N.W / G.W : 170 Kg. / 200 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF 113 PRO

LAT PULL DOWN

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel (Backside)
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1420x1285x1910 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 236 Kg. / 272 Kg.



FF 114 PRO

LEG EXTENSION

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1470x1050x1500 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 239 Kg. / 275 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF 117 PRO SEATED LEG CURL

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1650x990x1500 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 264 Kg. / 302 Kg.



FF 142 PRO LEG PRESS

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1975x1050x1500 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 275 Kg. / 315 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF 144 PRO

LONG PULL / LOW ROW

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel (Backside)
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1930x1310x1500 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 228 Kg. / 263 Kg.



FF 145 PRO

ABDOMINAL ISOLATOR

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1400x1000x1500 mm
- Weight Stack : 95 Kg. (Steel)
- N.W / G.W : 218 Kg. / 253 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF 147 PRO

VERTICAL ROW / REAR DELT

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1500x1300x1500 mm
- Weight Stack : 95 Kg. (Steel)
- N.W / G.W : 204 Kg. / 239 Kg.



FF 148 PRO

SEATED DIP

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1615x1200x1500 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 265 Kg. / 305 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



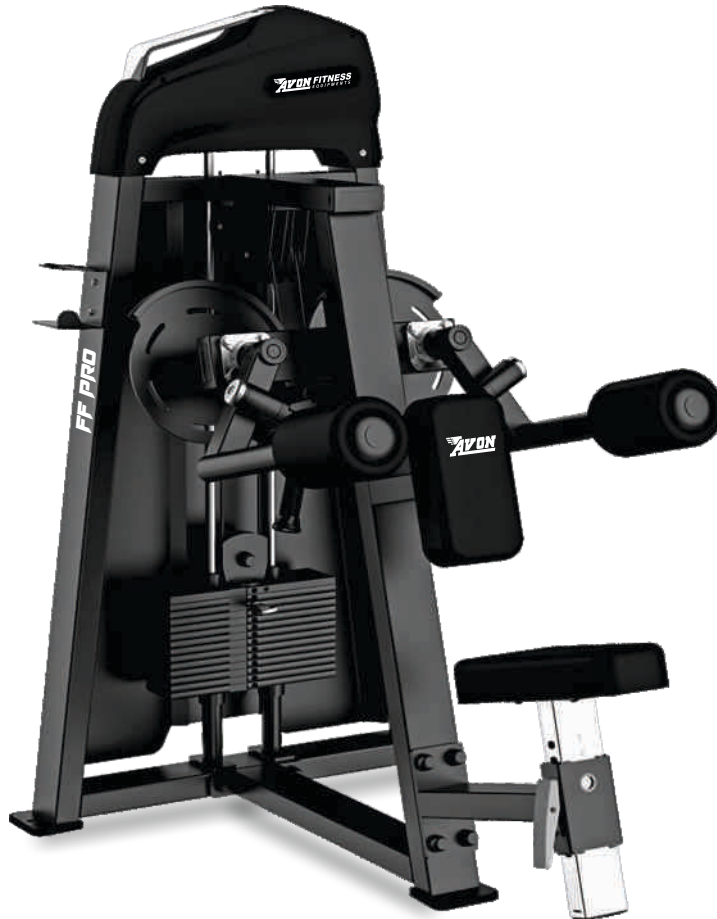
Ergonomic Design



Aesthetic Appealing

FF 150 PRO LATERAL RAISE

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel (Backside)
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1020x1150x1500 mm
- Weight Stack : 52 Kg. (Steel)
- N.W / G.W : 160 Kg. / 190 Kg.



FF 151 PRO MULTI HIP

- Frame Tube : High Tensile Steel
- Seat Cushion : No Seat
- Cover : Sturdy Steel (Backside)
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1310x1150x1630 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 290 Kg. / 330 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF154 PRO PRONE LEG CURL

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1570x960x1500 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 210 Kg. / 245 Kg.



FF160 PRO STANDING MULTI FLIGHT

- Frame Tube : High Tensile Steel
- Seat Cushion : No Seat
- Cover : Sturdy Steel (Backside)
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1430x890x1990 mm
- Weight Stack : 84 Kg. (Steel)
- N.W / G.W : 322 Kg. / 352 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF 164 PRO GLUTE MAKER

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : No Cover
- Cable : No Cable
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1810x1240x1240 mm
- Weight Stack : Plate Loaded
- N.W / G.W : 115 Kg. / 135 Kg.



FF 168 PRO ROTARY TORSO

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1050x1130x1500 mm
- Weight Stack : 65 Kg. (Steel)
- N.W / G.W : 177 Kg. / 212 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF 171 PRO

BICEPS / TRICEPS

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1430x1000x1630 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 234 Kg. / 273 Kg.



FF 172 PRO

LAT PULL DOWN / LOW ROW

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1955x1140x2200 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 248 Kg. / 285 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF 173 PRO

CHEST PRESS / SHOULDER PRESS

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1635x1070x2240 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 259 Kg. / 295 Kg.



FF 174 PRO

LEG CURL / LEG EXTENSION

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1650x1030x1630 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 257 Kg. / 291 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF 176 PRO

ABDOMINAL CRUNCH / BACK EXTENSION

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1600x990x1630 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 254 Kg. / 289 Kg.



FF 177 PRO

ABDUCTOR / ADDUCTOR

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Cover : Sturdy Steel
- Cable : 6 mm Thickness
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1620x765x1630 mm
- Weight Stack : 110 Kg. (Steel)
- N.W / G.W : 250 Kg. / 280 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF120 PRO FLAT BENCH

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1350x760x430 mm
- N.W / G.W : 21 Kg. / 24 Kg.



FF121 PRO ADJUSTABLE DECLINE BENCH

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1620x760x810 mm
- N.W / G.W : 48 Kg. / 54 Kg.



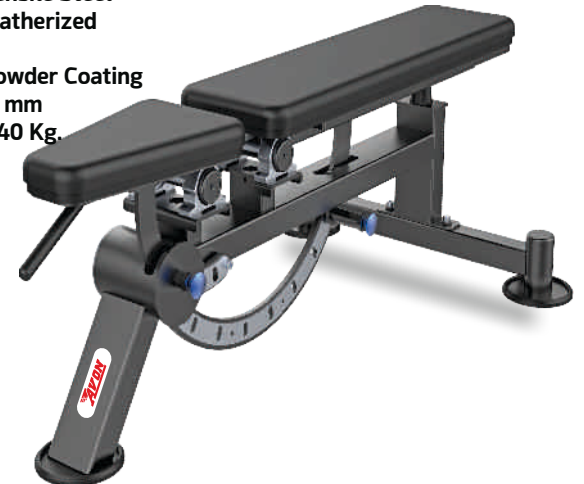
FF122 PRO MULTI PURPOSE BENCH

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1170x760x820 mm
- N.W / G.W : 22 Kg. / 25 Kg.



FF123 PRO SUPER BENCH

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1620x760x810 mm
- N.W / G.W : 35 Kg. / 40 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF124 PRO OLYMPIC DECLINE BENCH

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 2060x1780x1090 mm
- N.W / G.W : 74 Kg. / 81 Kg.



FF126 PRO OLYMPIC FLAT BENCH

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1730x1780x1220 mm
- N.W / G.W : 61 Kg. / 68 Kg.



FF125 PRO OLYMPIC INCLINE BENCH

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 2010x1780x1400 mm
- N.W / G.W : 78 Kg. / 85 Kg.



FF127 PRO SEATED PREACHER CURL

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1320x840x970 mm
- N.W / G.W : 45 Kg. / 50 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF128 PRO BACK EXTENSION

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1220x860x960 mm
- N.W / G.W : 61 Kg. / 68 Kg.



FF130 PRO 2 TIER DUMBBELL RACK

- Frame Tube : High Tensile Steel
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 720x2480x810 mm
- N.W / G.W : 63 Kg. / 70 Kg.



FF129 PRO VERTICAL KNEE UP / DIP

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1270x710x1600 mm
- N.W / G.W : 61 Kg. / 68 Kg.



FF131 PRO SQUAT RACK

- Frame Tube : High Tensile Steel
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1850x1730x1800 mm
- N.W / G.W : 112 Kg. / 123 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF134 PRO VERTICAL PLATE TREE

- Frame Tube : High Tensile Steel
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 610x850x1240 mm
- N.W / G.W : 25 Kg. / 29 Kg.



FF139 PRO SEATED CALF

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1500x710x990 mm
- N.W / G.W : 52 Kg. / 63.6 Kg.



FF138 PRO INCLINE LEVEL ROW

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1850x790x1190 mm
- N.W / G.W : 95 Kg. / 103 Kg.



FF140 PRO BEAUTY DUMBBELL RACK

- Frame Tube : High Tensile Steel
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1445x805x800 mm
- N.W / G.W : 68 Kg. / 75 Kg.





70+ Years Brand



Imported Range



Premium Quality



Quality Tested



Ergonomic Design



Aesthetic Appealing

FF143 PRO STRETCH TRAINER

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1430x525x1210 mm
- N.W / G.W : 40 Kg. / 45 Kg.



ABC1601 PRO AB COASTER

- Frame Tube : High Tensile Steel
- Seat Cushion : PU Leatherized
- Caps : All Alloy Caps
- Paint : Two Round Powder Coating
- Size : 1640x785x1465 mm
- N.W / G.W : 69 Kg. / 76 Kg.



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